WELL life™

Flu A&B Home Test

QUICK REFERENCE INSTRUCTIONS

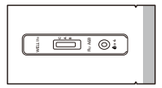
Catalogue Numbers:
CWFLUAB-OTC-1 CWFLUAB-OTC-2 CWFLUAB-OTC-5
CWFLUAB-OTC-10 CWFLUAB-OTC-25

For *in vitro* diagnostic use.
For over-the-counter (OTC) use.
For use with anterior nasal swab specimens.

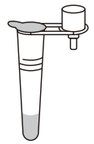
Carefully read all instructions before performing the test. Failure to follow the instructions may result in inaccurate test results. Refer to the Instruction for Use (IFU) for more complete information at https://wondfousa.com/.

Materials Provided

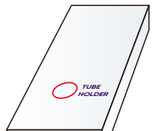
Sealed Test Cassette



Buffer Tube



Tube holder



Swab

Materials required but not provided: Timer or watch.

Preparing for the Test

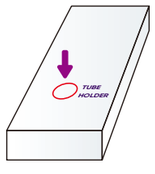
NOTE: Do not open the test materials until ready for use. If the test cassette is open for an hour or longer, invalid test results may occur.

1 **CHECK** the expiration date of the test printed on the bottom of the outer box.

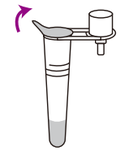
⚠ **The test must not be used beyond the expiration date listed on the packaging. Use of expired tests can lead to incorrect results.**

2 **WASH** your hands with soap and water and dry them thoroughly, or with hand sanitizer.

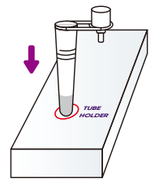
3 **LOCATE** the tube holder on the box (look for the red circle on the kit's box)



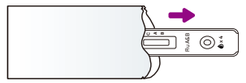
4 **REMOVE** the sealed foil from the buffer tube.



5 **INSERT** the buffer tube into the tube holder. Ensure that the buffer tube is stable and upright.



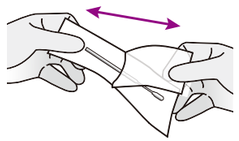
6 **REMOVE** test cassette from sealed pouch and lay it on a flat surface.



Sample Collection

7 **REMOVE** the swab from the pouch.

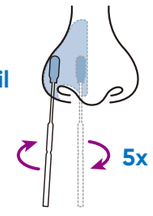
⚠ **Do not touch the swab tip (soft end) with hand.**



8

a) **CAREFULLY INSERT** the swab tip no more than 3/4 inch (1.5 cm) into the nostril. Slowly **BRUSH** the swab at least 5 times against the nostril wall in a circular motion.

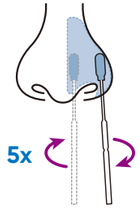
Right Nostril



⚠ **Do not insert the swab any further if you feel any resistance.**

b) **REMOVE** the swab and repeat in the other nostril using the same swab.

Left Nostril



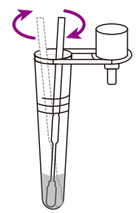
Check: Did you swab BOTH nostrils?

Note:
a) If you are swabbing others, please wear a face mask. With children, the maximum depth of insertion into the nostril may be less than ½ to ¾ of an inch, and you may require another adult to hold the child's head while swabbing.
b) Failure to swab properly may cause false negative results.
c) Fresh samples must be used immediately for best performance.

Running the Test

9 **IMMERSE** the swab into the buffer tube until it touches the bottom and **SWIRL** the swab in the buffer. Ensure the sample is mixed thoroughly by making **at least 15 circles**.

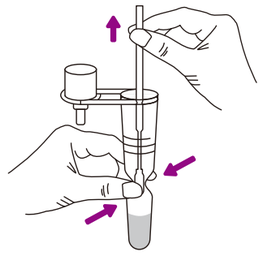
15 circles



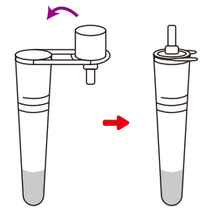
⚠ **Sample must be adequately mixed into the buffer, otherwise, incorrect results may occur.**

10 **REMOVE** the swab while **SEQUEEZING** the tip of the swab from the outside of the tube to remove any excess liquid from the swab.

DISCARD the swab.



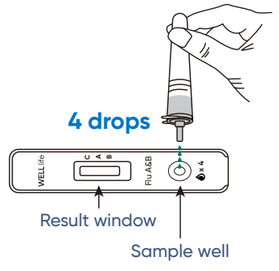
11 **CLOSE** the dropper cap firmly that is attached to the buffer tube.



12 **INVERT** the buffer tube and **SQUEEZE 4 drops** of test sample into the sample well on the test cassette. Then **DISCARD** the buffer tube.

Note: Incorrect results may be observed if <4 drops of sample are added.

4 drops



⚠ **Sample must be applied to the test cassette immediately.**

13 **START** timer. Read results at 10 minutes.

10 minutes

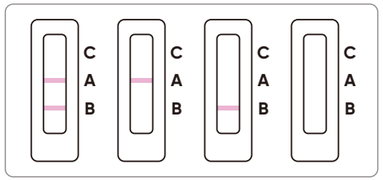
⚠ **Do not read the results before 10 minutes or after 20 minutes. Results read before 10 minutes or after 20 minutes may result in false or invalid results.**

Interpreting Your Results

Look for lines next to '**C**'(Control), '**A**' and '**B**'.
C = Control Line
A = Flu A Test Line
B = Flu B Test Line

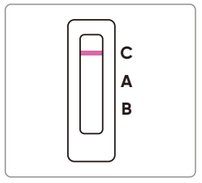
A red line should always appear at the '**C**' position; this is a control line and signals that the test is working properly.

Invalid Result



Check to see if a pink to red line is visible at the control line '**C**' in the results window. If a line is not visible at '**C**', even if any other line is visible in the results window, the result is considered **invalid**.
If you do not see a C line, DO NOT CONTINUE reading the results. It means your test is invalid. Repeat the test with a new sample and new test kit materials.

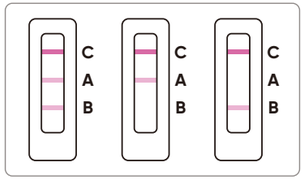
Negative Result



If a control '**C**' line is visible, but the line at '**A**' and '**B**' is not visible, the test is **NEGATIVE**.
The Flu A or Flu B virus was not detected in the sample.

Negative results are presumptive and confirmation with a molecular assay may be necessary. If respiratory symptoms persist, you should seek follow-up care with your healthcare provider.

Positive Result



If the control line at '**C**' is visible and any other line or multiple lines on '**A**' and/or '**B**' are visible, the test is **POSITIVE** for that virus.

NOTE: Any pink to red test line, no matter how faint, should be considered a positive result when the control line is also present.
Consult your healthcare provider to discuss your positive test result. Self-isolate at home, as instructed by your local health authority, to stop spreading virus to others.

Frequently Asked Questions

Q1: WHAT DOES AN INVALID TEST RESULT MEAN?
A: An invalid result means something with the test did not work properly. If the test is invalid, a new swab should be used to collect a new nasal specimen and you should test again with a new test. If the problem persists, please call +1 (888) 444-3657 (9:00 a.m. to 5:30 p.m. CDT M-F).

Q2: WHAT IF I HAVE A NEGATIVE TEST RESULT?
A: A negative test result indicates that antigens from the virus that causes influenza A or B infection were not detected in your sample. If you have a negative result, it does not rule out influenza A or B infection; you may still be infected and you may still infect others. It is important that you work with your healthcare provider to help you understand the next steps you should take.

Q3: WHAT IF I HAVE A POSITIVE TEST RESULT?
A: A positive result means that it is very likely you have influenza A or B infection because proteins from the virus that causes influenza A or B infection were found in your sample. You should self-isolate from others and contact a healthcare provider for medical advice about your positive result.

Q4. WHAT IF I AM UNCERTAIN HOW TO INTERPRET MY RESULTS?
A: If uncertain how to proceed, contact Technical Assistance at +1 (888) 444-3657 (9:00 a.m. to 5:30 p.m. CDT M-F) or wondfo@wondfousa.com.

Q5: WHAT IS THE DIFFERENCE BETWEEN AN ANTIGEN AND MOLECULAR TEST?
A: There are different kinds of tests for the viruses that cause the flu. Molecular tests detect genetic material from the virus. Antigen tests, such as the WELLlife™ Flu A&B Home Test, detects proteins from the virus. Due to the lower sensitivity of antigen tests, there is a higher chance this test will give you a false negative result when you have Flu than a molecular test would.

Q6: HOW ACCURATE IS THIS TEST?
A: The WELLlife™ Flu A&B Home Test was compared to a licensed high sensitivity Flu A&B PCR test. For more information on the performance of the test and how the performance may apply to you, please refer to the performance data in the Instructions for Use (IFU), available at https://wondfousa.com/.

IMPORTANT: Do not use this test as the only guide to manage your illness. Consult your healthcare provider if your symptoms persist or become more severe. Individuals should provide all results obtained with this product to their healthcare provider.

Intended Use

The WELLlife™ Flu A&B Home Test is a lateral flow immunochromatographic assay intended for the qualitative detection and differentiation of influenza A and influenza B nucleoprotein antigens directly in anterior nasal swab samples from individuals with signs and symptoms of respiratory tract infection. This test is for home use by individuals aged 14 years or older testing themselves, or adults testing other individuals aged 2 years or older.

All negative results are presumptive and should be confirmed with a licensed molecular assay when determined to be appropriate by a healthcare provider. Negative results do not rule out infection with influenza or other pathogens. Individuals who test negative and experience continued or worsening respiratory symptoms, such as fever, cough and/or shortness of breath, should seek follow-up care from their healthcare provider.

Positive results do not rule out co-infection with other respiratory pathogens, and therefore do not substitute for a visit to a healthcare provider or appropriate follow-up.

Warnings and Precautions

- **Do not use the test if you have had symptoms for more than 4 days or no symptoms at all.**
- Do not use if any of the test kit contents or packaging is damaged or open.
- When collecting a sample, only use the swab provided in the kit.
- All test components are single-use. Do not reuse the test cassette, processing solution, or swab.
- Testing should be performed in an area with good lighting.
- Do not open the test contents until ready for use. If the test cassette is open for an hour or longer, invalid test results may occur.
- Do not use this test if individuals have been vaccinated with the FluMist/FluMist quadrivalent live intranasal influenza virus vaccine within the last two weeks.
- Do not use this test if individuals have been vaccinated with the seasonal influenza vaccine within the 14 days of specimen collection.
- Do not use this test if individuals are currently undergoing influenza antiviral treatment.
- Do not use this test if individuals had a nasal wash or aspirate on the same day of the test.
- Do not conduct this test if prone to nose bleeds or have a nose injury.
- Do not use this test if you are using nasal corticosteroids.
- Do not use this test if you are using zinc-based throat sprays.
- Remove any piercings from nose before starting the test.
- **Keep testing kit and kit components away from children and pets before and after use. Avoid contact with your skin, eyes, nose, or mouth. Do not ingest any kit components. The reagent solution contains harmful chemicals (see table below). If the solution contacts your skin, eyes, nose, or mouth, flush with large amounts of water. If irritation persists, seek medical advice: https://infopoison.ca/for-professionals/ or 1-844-764-7669 (please call 1-800-463-5060 for residents of Quebec only).**

Chemical name	Harms (GHS Code) for each ingredient	Concentration
ProClin 300	Causes skin irritation (H315) Causes eye irritation (H320)	0.05%

Storage and Stability

- Store the test kit between 36-86°F (2-30°C) in a place out of direct sunlight.
- Reagents and devices must be used at room temperature (59-86°F/15-30°C).
- It is recommended to use the test kit immediately after opening. The expiration date is on the package. Do not use beyond the expiration date.

Limitations

- The clinical performance of this test was established based on the evaluation of a limited number of clinical specimens collected between January 2025 and March 2025. The clinical performance has not been established for all circulating variants but is anticipated to be reflective of the prevalent variants in circulation at the time and location of the clinical evaluation. Performance at the time of testing may vary depending on the variants circulating, including newly emerging strains of influenza virus and their prevalence, which change over time.
- A negative test result may occur if the level of antigen in the sample is below the detection limit of the test or if the sample is collected or handled improperly.
- There is a higher chance of false negative results with antigen tests than with laboratory-based molecular tests due to the sensitivity of the test technology. This means that there is a higher chance this test will give a false negative result in an individual with influenza A or B as compared to a molecular test, especially in samples with low viral load.
- False positive test results are more likely when the prevalence of influenza A, and/or influenza B is low in the community.
- Persons with risk factors for severe disease from respiratory pathogens (e.g., young children, elderly individuals, chronic lung disease, heart disease, compromised immune system, diabetes, and other conditions) should contact a healthcare provider; users should also contact a healthcare provider if symptoms persist or worsen.
- This test is read visually. Because test lines can be very faint, users with conditions affecting their vision- such as far-sightedness, glaucoma, or color blindness-are encouraged to seek assistance to interpret results accurately (e.g., reading glasses, additional light source, or another person). This test has not been validated for use by those with color-impaired vision.
- This device is a qualitative test and cannot provide information on the amount of virus present in the specimen.
- This test detects both viable (live) and non-viable influenza A and influenza B. Test performance depends on the amount of virus (antigens) in the sample and may or may not correlate with viral culture results performed on the sample.
- Hand soap and hand sanitizers may cause false negative results with this test.
- FluMist/FluMist quadrivalent live intranasal influenza virus vaccine may cause false positive influenza A and B results with this test.
- Zinc-based throat sprays may cause false positive influenza A results with this test.
- Nasal corticosteroids may cause false negative results with this test.

Index of Symbols

Keep away from sunlight	Store between 36-86°F (2-30°C)	Keep dry
Do not re-use	REF Catalogue number	LOT Batch code
Use-by date (Expiration date)	IVD *In vitro* diagnostic medical device	Consult instructions for use
Do not use if package is damaged	Manufacturer	

Support

If you have questions regarding the use of this product, or if you want to report a problem with the test, please contact Wondfo Product Support at +1 (888) 444-3657 or Wondfo USA Co., Ltd. Product Support website: https://wondfousa.com/.

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Made in China

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